## Pick Up the Pace. . . Beat ALS. 2018 Norfolk & Columbus Area Walk

## Sunday, September 23, 2018

- Skyview Lake in Norfolk, NE (1900 West Maple Avenue)
- On-site registration @ 1:00pm
- Ceremonial Walk @ 2:00pm
   Walk Routes are Pet-friendly & Handicapped-accessible.
   Walking is optional!
- · Refreshments, kid-friendly activities.
- New: Silent auction!





To Register, Join a Team, Create a Team, or Donate, use the back of this flyer or visit:

## www.firstgiving.com/alsintheheartland/ 2018-Norfolk-Columbus-Walk

Questions? Please call 402-592-2374 or stop by the **ALS in the Heartland** office at **1320 S. 119th St, Omaha, NE 68144** 

ALS in the Heartland is not funded by nor affiliated with a national association; 100% of funds raised by us remain in Nebraska & Iowa to solely & immediately support people with ALS living in those states.



Support for Today. Hope for the Future.



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Participant's Name:	Team Name:	
Mailing Address:		
City:	State: Zip: _	
Telephone:	Email Address:	
Cash, Credit Card info, or Check DON'T FORGET YOU CAN	ks payable to <b>ALS in the Heartland</b> can be turn N SPONSOR YOURSELF! <b>THANK YOU FOR YOU</b>	ed in at registration R SUPPORT!
SPONSOR NAME	ADDRESS (Needed for tax receipts.)	DONATION