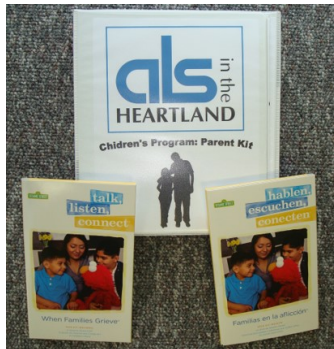




YOU'RE MAKING AN IMPACT!

Impact. What a powerful word. It can indicate that a person's life has been greatly changed - for better *or* worse. We know the devastating impact ALS makes. But you are counteracting ALS by making an impact for good!

Here are highlights of the impact you enabled ALS in the Heartland to make this year:

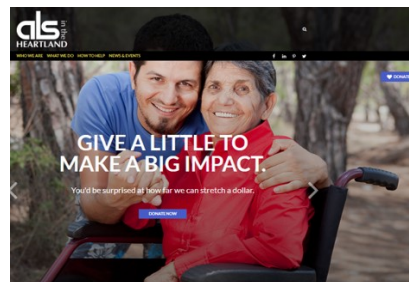


WINTER

- Worked with patients to help them make legacy videos, recordings, & mementos for their children, spouses, & other loved ones.
- Loan out on average 25 pieces of equipment each month.
- Acknowledged caregivers by sending cards & lip balms during National Family Caregivers Month.
- With resources from *Sesame Street*, put together Children's Kits (*pictured here*) to help youngsters & teens deal with the illness or loss of a parent with ALS.

SPRING

- Provided therapy to several families affected by ALS.
- Participated in family team meetings, helping patients & their loved ones plan for end-of-life with other community professionals.
- Acknowledged 40 volunteers with thank you bookmarks during Volunteer Appreciation Month.
- Revamped our website (www.alsintheheartland.org), which has gotten many kudos on its increased user-friendliness & look.
- Attended Proclamation Day at the State Capitol & hosted a lunch at the Governor's Residence in honor of ALS Awareness Month. (*Photo at our tree below.*)





SUMMER

- Made available stuffed animals (*pictured here*) from BEARegards.com. These plush toys come with recording chips that can record the voice of an individual so that if ALS disables their ability to speak, the sound of their voice can still be heard by their loved ones.
- Met with Radicava specialists to learn more about how the new medication can improve quality of life for our patients.
- Enabled a patient to regain independence by providing him with an electric wheelchair.

AUTUMN

- Provided 68 respite grants so far this year, allowing breaks for caregivers.
- Connected with 2 new patient families & 3 current patients who attended our Norfolk & Columbus Area Walk.
- Connected with 2 new patient families as a result of our South Sioux City/Dakota County Area Walk.

