

# Pick Up the Pace. . . Beat ALS

## *2017 South Sioux City/Dakota County Area Walk*

- **Sunday, October 1, 2017**
- **EVENT LOCATION:**  
Crystal Cove Park– South Sioux City  
1200 West 39th Street
- Registration starts @ 1:00pm
- Walk starts @ 2:00pm
- Free Giveaways
- Snacks & Beverages



**Start recruiting walkers & supporters  
for your team now.**

Use the form on the back of this flyer  
or print one out at  
[www.alsintheheartland.org](http://www.alsintheheartland.org)

Questions? Please call 402-592-2374

**ALS in the Heartland is not affiliated with a national association;  
100% of funds raised by us solely and immediately benefit  
Nebraskans and western Iowans as they live with ALS.**



*Support for Today. Hope for the Future.*



# 2017 South Sioux City/Dakota County Area Walk

Sunday, October 1, 2017

**Registration Starts @ 1:00 PM, Walk Starts @ 2:00 PM**

*Walk Routes are Handicapped-Accessible & Pet-Friendly*

Participant's Name: \_\_\_\_\_ Team Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

*Cash, Credit Card info, or Checks payable to **ALS in the Heartland** can be turned in at registration.  
DON'T FORGET YOU CAN SPONSOR YOURSELF! **THANK YOU FOR YOUR SUPPORT!***

SPONSOR NAME	ADDRESS (Needed for tax receipts.)	DONATION

**Can't attend, but still want to make a donation?**

Visit **www.alsintheheartland.org** (& designate your gift in honor of *South Sioux City Walk*),  
call us at 402-592-2374,  
or mail checks to **ALS in the Heartland**, 1320 S. 119th St., Omaha, NE 68144.